

ESPOL Corporate Treatments
ALL ABOARD THE ESPA EXPRESS

Had a long day of meetings and only have 25 minutes before that important dinner? Want to boost your treatment with a particular requirement? If yes, the ESPA express is for you.

PERSONALISED EXPRESS FACIAL

25 minutes £40

Your therapist will select the most suitable facial for your skin. Every ESPA personalized facial includes a consultation, Skin Vision™ analysis, cleanse, exfoliation, personalized facial mask and finishes with an application of a booster serum to suit your skin.

LIFT & FIRM EYE TREATMENT

25 minutes £40

Perfect for those who are concerned with signs of ageing around the eyes.

An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Includes a cleanse, exfoliation, massage and application of our Lift ξ Firm Intensive Eye Serum.

SHOULDER, NECK AND SCALP MASSAGE

25 minutes £35

Including scalp, neck and shoulders this massage focuses on the key areas of tension.

BACK, NECK AND SHOULDER MASSAGE

25 minutes £45

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the ESPA Body Oil to suit your needs.

SALT & OIL SCRUB 25 minutes £40

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA Massage. For a lighter application Exfoliating Body Polish is applied instead of Salt & Oil Scrub.

INVIGORATING FOOT TREATMENT

25 minutes £40

This revitalizing treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage — ideal after a challenging day of golf or after a long flight.

EXPRESS MANICURE or PEDICURE

25 minutes £35

Express manicure or pedicure Inc. mini nail polish.

Day Delegates can take advantage of an hour spa usage with any booked treatment (subject to availability)

To avoid disappointment please ensure your delegates book in advance.

To book any of our treatments, please call us on 01823 442500

or email us at elanspa@mountsomersethotel.co.uk